



FRONTIER NEWS

October, 2011 Issue #2

In This Issue:

- A Note From the Founder
- New Badges
- Badge of the Month - Rocks and Minerals
- Make A Difference
- Tips and Treasures
- Christmas SWAPS
- Penpals
- Girl of the Month
- Contest
- Pointers for Patriots
- Classifieds

A Note From the Founder

Wow! September was quite a month for Frontier Girls. With the massive overhaul of the Girl Scout program, we received hundreds of emails from leaders and families interested in learning more about Frontier Girls. Since the beginning of summer we have added 17 new troops to our group. Due to the sudden growth, there was a need for a troop locator page to be added to our website. If you are interested in seeing where the other Frontier Girls are around the country, go check it out.

Our Leader and Pioneer Yahoo groups have also become quite active. If you are not already a member, I highly recommend it. The leader group is for parents and leaders to support each other with ideas and suggestions, and the Pioneer group is for any of the girls who wish to correspond with other girls around the country and share their projects ideas. We even have a group just for military families, but that one is still getting off the ground.

The Leader group can be found at: <http://groups.yahoo.com/group/fgleaders/>

The Pioneer (girls) group can be found at: <http://groups.yahoo.com/group/pioneerprogram/>

The Patriot group can be found at: <http://groups.yahoo.com/group/patriotprogram/>

Thank you to everyone who has been contributing to the groups and for all the support you have offered.

Kerry Cordy

New Badges Recently Released:

Anti-Bullying	Apples	Archery
Card Making	Embroidery	Cooking for Special Diets
Fashion History	Felt	Fishing*
Foods Around the World	Fun at the Pool	Gold Rush
Grain	Greeting Cards	Hiking
History of Sports*	Hunting	Mind Puzzles
Mosaics	Music	Origami
Outdoor Cooking	Paleontology	Pattern Making
Rain Gutter Regatta	Rocks and Minerals	U.S. Constitution

We are what we repeatedly do. Excellence, therefore, is not an act but a habit.

Aristotle

Badge of the Month - Rocks and Minerals



The October Badge of the Month is Rocks and Minerals from Discover Outdoors. The requirements can be found online in the members only section. To log in, use the following:

user name: firstlast (girl member's first and last name)

password: member

Below are a few activity suggestions you may enjoy while working on the Rocks and Minerals badge:

- **Make sedimentary rock cookies.** These bar cookies are made in layers just like the layers of mud, sand, shells, etc. that sedimentary rocks are made of.

Ingredients:

1/2 cup butter

1 1/2 cups vanilla wafers - crushed

1 (14oz) can of sweetened condensed milk

1 (6oz) bag of chocolate chips

1 (6oz) bag of peanut butter chips

1 cup of chopped nuts

Directions:

1. Melt the butter in a 9" x 13" baking pan.
2. Sprinkle vanilla wafer crumbs over the butter.
3. Pour condensed milk evenly over the crumbs.
4. Layer the remaining ingredients in order evenly over the top.
5. Press down gently. Bake at 350 degrees F for 25-30 minutes.
6. Let cool. Cut into bars. Enjoy!

- **Go on a rock hunt.** Look around your back yard, or take a trip to a park or hiking trail, and see how many different rocks you can find. Are they sedimentary, igneous, or metamorphic? How can you tell?
- **Visit a Rock and Mineral show** or exhibit or visit a lapidary and see the beautiful jewelry they make.
- **Learn about the rock cycle by making your own "rocks"**

NOTE! THIS ACTIVITY MUST BE DONE UNDER ADULT SUPERVISION!

You will need following materials:

- crayons and a crayon sharpener
- 2 pieces of wood
- candle
- aluminum pie pan
- safety goggles
- ruler

- heavy duty aluminum foil
- hammer
- clothes pin
- water
- matches

Cut two pieces of heavy aluminum foil, about 8" x 8" and stack for double thickness.

Use the crayon sharpener to create a pile of crayon shavings (sediments) in the center of the foil. Using different color crayons will allow you to see your rock formation better.

Fold over the edges of your foil so that no "sediment" can fall out and place it between the two boards.

Put on your safety goggles. Now hammer the top board to flatten and compact the shavings.

Open the packet and see what happened to your sediment when pressure was applied. What type of rock does this represent?

Next, rewrap your "rock" and place it back between the boards. Put your goggle back on and hammer the top board again for even more pressure.

Open your packet again and discuss the changes in your "rock". What kind of rock do you have now?

Finally, rewrap your "rock" one more time and hold it over a candle for several minutes using a clothes pin so that you do not burn your fingers.

Let your "rock" cool, unwrap it and discuss what you see. What kind of rock was made when you added heat?

Make A Difference

Suggested Service Activities for the Month

Participate in Make a Difference Day on the last Saturday in October. This is a national day to encourage people to help one and other. You can even log your project in on the official site at <http://daytabank.handsonnetwork.org/>

Volunteer to rake leaves for people in your community.

Collect warm clothing to donate to your local shelter

Troop Pen Pals

Adele from Troop #154 started a database to connect troops or girls who would like a Frontier Girls Penpal. The database is located in the Leader Yahooogroup. Simply add your name, troop number, the number of kids in your troop, and your email address. If you see someone on the list that you would like to correspond with, send them an email. Once you find a penpal and are no longer looking, make sure to update your status so that you do not end up with too many requests.

Tips and Treasures

Ideas and tips from our members

When a girl in your troop advances, design an "advancement tote" and have the girl transfer her badges from her vest to the totebag. Present the bag to her at her advancement ceremony and explain to the other girls about how the tote with badges symbolizes her maturity and readiness to move on to the next level. (from spwgal on our Leader Yahoogroup)

For your Investiture and rededication ceremony, Elisabeth Simmons from Troop #122 in TX came up with a wonderful puzzle idea. The complete instructions have been posted in our Leader Yahoogroup in the files section, but here are the basics. Create a giant Frontier Girls logo and cut it into puzzle pieces. During your ceremony have the girls gradually put the puzzle together, one piece for each part of our promise and creed. Several pieces should still be missing however and stand for leadership positions, troop leaders, parents, and family. All of which are essential pieces of a successful troop.

A new permission slip form was uploaded into the files section of the Leader Yahoogroup that allows a single form to be used for multiple activities. Thank you Melanie

If you have a favorite craft, activity, organizational or record keeping tip, or any other tip or treasure you wish to share with other members, please email it to kerry@frontiergirls.com with the subject line, "Tips and Treasures".

First Annual Christmas SWAPS Event

Adele from Troop #154 in CO has posted a database on the Leader Yahoogroup for any troops who wish to participate in a Christmas SWAPS event. SWAPS are **S**pecial **W**hatchamacallits

Affectionately **P**inned **S**omewhere. They are small items attached with safety pins that the girls can swap with one and other to mark a special occasion or make a new friend. Each SWAP should be homemade and should tell something about the givers or their troop. SWAPS should not be expensive and can be pinned to a lanyard, totebag, jacket, etc.

If your troop would like to participate, please post your troop number and the number of girls in your troop no later than Nov. 15 on the database. Then check back after November 15 and make enough SWAPS for each of the girls in the other participating troops. I will send each troop the addresses of the others participating so that you can mail off your SWAPS. Please make sure all SWAPS are in the mail by Dec. 7 to ensure the girls get them before Christmas.

If you need ideas on how to make a SWAP, pictures have been uploaded to the Yahoo group album and you can also check out some great ideas from Making Friends at <http://www.makingfriends.com/swaps.htm>.





Girl of the Month

Izzy Samsel - Butterfly Pioneer from NC

Izzy just joined Frontier Girls this summer, but boy has she been busy. Since she has no nearby troops to support her, Izzy has taken advantage of our Pioneer Yahoo group that was designed for the girls to communicate with other Frontier Girls around the country and share their projects and ideas.

Izzy doesn't just post comments to our group, she posts entire projects complete with instructions. If you visit the photo section you will find instructions and photos of her projects for both a container garden and homemade soap. Within the comments between her and Zoe out in Rhode Island, you will also find instructions on how to make seed paper for Christmas gifts (paper with the seeds built in that you simply plant to grow a flower garden).

I have been very impressed with Izzy's hard work as well as her willingness to share what she has learned. If you have not yet encouraged your girls to make use of the Pioneer Yahoo group, have them log on and say hello to Izzy!

If you have a girl you think should be featured in Girl of the Month, send her story to kerry@frontiergirls.com with the subject line, "Girl of the Month".

Contest

Since no one entered last month's contest, we are going to try again. The essay contest has been extended to Nov. 15. Write a short essay about why you like being a Frontier Girl. Winner's from each level of Frontier Girls will be posted online and will receive an 8" x 8" American Flag tote bag. Email essays to: kerry@frontiergirls.com no later than Nov. 15. Include your name, level, troop # and mailing address



For Sale:

Used Frontier Girls Motto T-shirt

Used, white Frontier Girls T-shirt with eagle and "If you see a need, take the lead!". Size child large. One small yellowish stain near the collar and two small brown stains on the body. Great for wear during messy Frontier Girls activities. \$3 + \$3 shipping. Contact Kerry Cordy at kerry@frontiergirls.com

FG uniform pieces for sale:

Two navy skirts for sale, one cotton (women's 12) and one wool (women's 6-8); three white short-sleeve polos (size 14-16 teens), and some Navy & white tennis shoes (size 9 from Hanna Anderson). Despite the varying sizes, my daughter wore all these while she was in junior high. Doreen Olson , 530-241-2066 after 9 a.m. or oleolson@afo.net.

Used Frontier Girls T-shirts

Used light blue t-shirts with Frontier Girls logo on pocket area. I have 3 youth S, 1 youth M, 4 youth L, and 1 youth XL. \$2 each plus \$3 shipping. If you purchase more than one, I will combine shipping and keep it as inexpensive as I can. Contact Kerry Cordy at kerry@frontiergirls.com

Used Pleated Navy Skirts

Three navy skirts for sale, 1 youth size 14 reg, 1 youth 6X, and 1 youth 8. All have pleated fronts, straight backs, and built in shorts. \$4 each plus \$3 shipping. Contact Kerry Cordy at kerry@frontiergirls.com.

Used Red Frontier Girls Sweatshirts

I have several used red sweatshirts with the Frontier Girls logo on the pocket area. The logos have turned a pinkish color on most of the sweatshirts. 1 youth S, 2 youth M, and 1 youth XL. I also have one zip front hooded sweatshirt size youth S. \$2 each plus \$5 shipping. Contact Kerry at kerry@frontiergirls.com

Used Navy Pants

One pair of navy pants size youth 14 reg. \$2 plus \$5 shipping. Contact Kerry at kerry@frontiergirls.com.