



Frontier Girls Dolphin Level Quick Reference Sheet

Frontier Girls Dolphins – Grades 3-5

Frontier Girls Dolphins take on basic leadership roles within the troop, earn badges, organize and help with community service projects, and learn new skills. At the Dolphin level our goal is combine fun and learning with the basics of leadership and responsibility.

How the Dolphins Got Their Name

Social behavior comprises a major portion of a high energy dolphin’s daily activities, but it doesn’t stop with teamwork and play. When a pod member is sick or injured, other dolphins will come to its rescue and help it to the surface to breathe until it is well. As the girls get older it is important that they learn compassion for those around them.

Frontier Girls Promise

I promise to love God, be loyal to my country, and love my neighbor as myself.

Frontier Girls Motto

If you see a need, take the lead!

Frontier Girls Creed

As a Frontier Girl

*I will be **Loving**, treating others as I would like to be treated.*

*I will be **Joyful**, finding the blessings in every situation.*

*I will be **Peaceful**, respecting others opinions and beliefs.*

*I will be **Patient**, persevering toward my goals despite obstacles.*

*I will be **Kind**, respectful to all and willing to help others at all times.*

*I will be **Good**, pure in all I do, think, and say.*

*I will be **Faithful** to my God and loyal to family, friends, and country.*

*I will be **Gentle**, taking special care of those weaker or less fortunate than I.*

*I will have **Self Control**, using my time, materials and talents wisely, and being accountable for my own actions.*

Uniforms

Frontier Girls Dolphins wear the Frontier Girls uniform of a red vest with a white shirt and navy bottoms. Their level tab and level ribbons are blue in color and they can wear the Dolphin Level pin under their membership pin on their level tab. Girls keep their lower level ribbons when they advance to the Dolphin level and the blue ribbons are sewn underneath. The Dolphin Level Servant’s Heart Award is silver, and for higher awards, their gem color is sapphire.



Badges and Awards at the Dolphin Level

Badges:



To earn badges, Dolphins are required to complete 5 requirements, two that are starred (*) and then three from the optional list.

Awards: *Full requirements for each award can be found on the website under the Awards tab in the top menu.*



Servant's Heart Award

- Complete 10 hours of community service (may be earned multiple times)



Discovery Award

- Earn at least one badge from each of the nine Areas of Discovery



Life Skills Achievement Award

- Become proficient in 30 different life skills (If you learn just one per month, you will have your award before you advance to the Butterfly level.)



Fruit of the Spirit Award

- Earn each of the nine character badges listed in the Frontier Girls Creed



Liberty Award

- Learn about your country by earning the following 5 badges: U.S. Constitution; Elections; Government; American History; Patriotism



Make a Difference Award

- Organize and lead your own community service project (10-15 hours leading at least 3 people)



Leadership Award

- Show leadership skills through earning a variety of leadership oriented badges and awards and holding a leadership position.



WOW! Award

- Earn 100+ badges at the Dolphin level



Sapphire Award

- This is the highest award available at the Dolphin level. You must earn all other Dolphin level awards with the exception of the WOW! Award to earn your Sapphire Award.